

RUN UP BERLIN 2023

14.10.2023 / Park Inn Berlin Alexanderplatz

Ergebnisliste (Gesamt Alle)

Platz	StNr	Name	Nation	Team	Geschlecht	Klasse	Gesamt	Diff
1	103	Pfeil Arved	GER	Berliner Turnerschaft	M	OKM	3:46.6	
2	200	Lachor Krzysztof	POL	Runningteam nastopy.pl	M	OKM	4:00.8	+14.2
3	11	Tulban Petru	GER	Berliner Turnerschaft	M	YOUTH	4:03.8	+17.2
4	19	David Christian	GER	FirefightersRunForCharity	M	M40	4:16.4	+29.8
=5	176	Scholz Julius	GER	Feuerwehr Görlitz	M	M30	4:19.1	+32.5
=5	112	Steen Björn	GER	Berliner Feuerwehr - BF Suarez	M	M40	4:19.1	+32.5
7	52	Flor Siegfried	GER	Towerrunning Germany	M	M60	4:21.5	+34.9
8	74	Binder Marcus	GER		M	M30	4:22.4	+35.8
9	16	Ripke René	GER	Healthy Workout	M	M40	4:23.5	+36.9
10	48	Vogt Thassilo	GER	Banda Berlino Banana	M	M30	4:26.6	+40.0
11	141	Mathies Lucas-Constantin	GER	TFA Team Hamburg	M	OKM	4:34.2	+47.6
12	104	Schulz Robert	GER	TFA Team Lübben	M	OKM	4:45.3	+58.7
13	36	Rothe Holger	GER	Berliner Feuerwehr - Leitstelle	M	M60	4:45.5	+58.9
14	43	Fröhlich Tobias	GER	Team Ostsachsen	M	M30	4:47.2	+1:00.6
15	185	Krajewska Klaudia	POL	Piechotą po schodach	W	W30	4:50.0	+1:03.4
16	126	Sander Daniel	GER	Insel Sports Club	M	M40	4:50.3	+1:03.7
17	154	Zeppitz Norbert	AUT	LG Mauerweg Berlin e.V.	M	M40	4:51.7	+1:05.1
18	46	Zietzschmann Martin	GER	Banda Berlino Banana	M	M40	4:58.1	+1:11.5
19	49	Gravert Robert	GER	Feuerwehr der Hansestadt Stendal	M	M30	5:00.6	+1:14.0
20	9	Posselt Maxim	GER	TFA Team Lübben	M	YOUTH	5:01.6	+1:15.0
21	194	Urbanek Edi	GER	Hotel Park Inn Berlin-Alexanderplatz	M	OKM	5:10.1	+1:23.5
22	142	Oesteritz Markus	GER	Outdoor Fitness Wismar	M	M30	5:10.5	+1:23.9
23	87	Eberhard Jörg	GER	Team Grafschaft	M	M50	5:12.1	+1:25.5
24	111	Toffano Roberto	ITA	Atl. Alta Valtellina	M	M50	5:12.5	+1:25.9
25	25	Heine Christoph Vincent	GER		M	M30	5:14.9	+1:28.3
26	133	Becker Ralf	GER	AlpinClub Berlin	M	M50	5:17.9	+1:31.3
27	124	Eggers Marco	GER	Outdoor Fitness Wismar	M	M40	5:18.7	+1:32.1
28	186	Fleiß Sebastian	GER	Berliner Turnerschaft	M	OKM	5:20.6	+1:34.0
29	83	Ulanowski Dawid	POL	Piechota po Schodach Team Poland	M	M30	5:21.1	+1:34.5
30	174	Gerlach Michael	GER	Kreuz & Quer - SwimRun e.V.	M	M30	5:21.4	+1:34.8
31	42	Wolf Alexander	GER	Banda Berlino Banana	M	M40	5:22.6	+1:36.0
32	45	Cylke Patrick	GER		M	M40	5:30.5	+1:43.9
33	65	Kasch Thorben	GER	LC Stolpertruppe Berlin e. V.	M	M50	5:31.0	+1:44.4
34	149	Marienthal Stefan	GER	Aufwärts immer abwärts nimmer	M	M50	5:31.2	+1:44.6
35	105	Hänel Michael	GER	TFA Team Lübben	M	M30	5:32.0	+1:45.4
36	59	Poock Jörg	GER		M	M50	5:36.4	+1:49.8
37	108	Asse Ronny	GER		M	M30	5:37.0	+1:50.4
38	10	Wapsas Florian	GER	TFA Team Lübben	M	YOUTH	5:37.6	+1:51.0
39	82	Teucher Martin	GER	run up berlin	M	M40	5:38.6	+1:52.0
40	68	Przemek Świgoń	POL	Dom	M	M40	5:38.8	+1:52.2
41	136	Becker Claudia	GER	Berliner Turnerschaft	W	W40	5:39.3	+1:52.7
42	38	Richter Thomas	GER	Team Ostsachsen	M	M30	5:42.0	+1:55.4
43	51	Franke Benedikt	GER	Berliner Feuerwehr - FF Weißensee	M	M30	5:46.8	+2:00.2
44	60	Schereck Christoph	GER	AR Berlin	M	M40	5:47.5	+2:00.9
45	184	Messow Torsten	GER	SV Friedrichsthal	M	M40	5:48.6	+2:02.0
46	31	Hauschild Richard	GER	Team Ostsachsen	M	OKM	5:51.8	+2:05.2
47	188	Fiedler Ronny	GER	Feuerwehr Görlitz	M	M30	5:53.0	+2:06.4
48	67	Kosielińska Małgorzata	POL	Dom	W	W40	5:53.4	+2:06.8
49	54	Finke Sebastian	GER	HDR-Sport	M	M40	5:53.7	+2:07.1
50	178	Kalbaß Lars	GER	Feuerwehr Görlitz	M	M40	5:54.6	+2:08.0
51	148	Köster Tamara	GER		W	W40	5:55.8	+2:09.2
52	56	Schröder Andreas	GER	SCC Berlin	M	M40	5:57.8	+2:11.2
53	78	Pohle Thomas	GER	LC Stolpertruppe Berlin e. V.	M	M50	5:58.2	+2:11.6
54	57	Weichert Paul	GER	Feuerwehr Schmellwitz	M	OKM	5:59.4	+2:12.8
55	147	Kaiser Manfred	GER	Towerrunning Germany	M	M60	6:00.1	+2:13.5
=56	175	Hasan Karadas	GER		M	M30	6:01.2	+2:14.6
=56	171	Kornath Carsten	GER	Vikings SH	M	M50	6:01.2	+2:14.6
58	100	Jerke Betty	GER	fritten mafia stechlin	W	W50	6:01.3	+2:14.7
59	40	Köster Stefan	GER	Feuerwehr Schwinde-Stove	M	M50	6:02.2	+2:15.6
60	134	Janssen Heere Dirks	GER	Berliner Turnerschaft	M	M60	6:03.6	+2:17.0
61	53	Katt Benjamin	GER	HDR-Sport	M	M40	6:04.1	+2:17.5
62	3	Stefszky Cheyenne	GER	ATV Berlin 1861 e.V.	W	YOUTH	6:04.5	+2:17.9
63	32	Schneegaß Rainer	GER		M	M70	6:06.2	+2:19.6
64	1	Schweinberger Leonidas	GER	Drachenreiter Kids 2	M	KIDS	6:12.4	+2:25.8

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65	193	König Olaf	GER		M	M50	6:13.0	+2:26.4
66	58	Weichert Thomas	GER	Feuerwehr Schmelwitz	M	M50	6:13.8	+2:27.2
67	121	Albert Thomas	GER	Outdoor Fitness Wismar	M	M50	6:14.5	+2:27.9
68	123	Hoffmann Heiko	GER	Outdoor Fitness Wismar	M	M50	6:16.1	+2:29.5
69	113	Mohr Simon	GER	Team Muscle ache	M	OKM	6:19.8	+2:33.2
70	71	Becker Silke	GER	WFF	W	W60	6:20.6	+2:34.0
71	102	Wierzoch Janot	GER	// KDH // RTC	M	M40	6:21.0	+2:34.4
72	7	Köster Marit	GER	HSG Elbmarsch	W	YOUTH	6:22.1	+2:35.5
73	163	Nyolt Martin	GER	Lifestyle Baltic run Rostock	M	M30	6:24.3	+2:37.7
74	155	Korbella Steve	GER	SCC Berlin	M	M50	6:26.4	+2:39.8
75	138	Fischbuch Alexander	GER	Berliner Feuerwehr - FF Hellersdorf	M	M30	6:26.8	+2:40.2
76	99	Jerke Thea	GER		W	OKW	6:27.7	+2:41.1
77	66	Irmischler Jan	GER	Bundeswehrfeuerwehr	M	M50	6:31.1	+2:44.5
78	183	Pflüger Petra	GER		W	W30	6:35.1	+2:48.5
79	122	Hoffmann Kathrin	GER	Outdoor Fitness Wismar	W	W50	6:36.9	+2:50.3
80	159	Müller Yvonne	GER	HDR-Sport	W	W30	6:37.7	+2:51.1
81	120	Schmidt Angelika	GER	Outdoor Fitness Wismar	W	W30	6:41.9	+2:55.3
82	21	Kodlin Ulrike	GER	Polizei Berlin	W	W30	6:43.0	+2:56.4
83	39	Priebs Florian	GER	Team Ostsachsen	M	OKM	6:43.1	+2:56.5
84	2	Korbella Livia	GER	SC Staaken	W	KIDS	6:43.4	+2:56.8
85	166	Messinger Philipp	GER	Berliner Feuerwehr - FF Bohnsdorf	M	M30	6:43.5	+2:56.9
86	8	Köster Jorit	GER	HSG Elbmarsch	W	YOUTH	6:44.8	+2:58.2
87	13	Kalähne Maximilian	GER	China Woo Kampfkunstschule Bernau	M	YOUTH	6:46.1	+2:59.5
88	93	Bueltermann Leonhard	GER		M	M30	6:46.8	+3:00.2
89	75	Fibikh Anzhela	ITA	Towerrunning Italia	W	W50	6:49.2	+3:02.6
90	172	Bahro Maik	GER	SV Friedrichsthal	M	M40	6:50.9	+3:04.3
91	95	Gieseler Volker	GER	LC Pfannkuchen Berlin	M	M50	6:51.9	+3:05.3
92	143	Stabenow Katja	GER	Outdoor Fitness Wismar	W	W40	6:52.8	+3:06.2
93	146	Jordan Helmut	GER	Towerrunning Germany	M	M70	6:54.0	+3:07.4
94	190	Naumann Felix	GER	Berliner Feuerwehr - JF 6330	M	OKM	6:54.3	+3:07.7
95	20	Meseberg Guido	GER	Bundeswehrfeuerwehr	M	M50	6:59.6	+3:13.0
96	187	Schneider Peer	GER	TFA Team Berlin	M	M60	7:00.8	+3:14.2
97	191	Pfeiffer Pepe Robert	GER	Berliner Feuerwehr - JF 6330	M	OKM	7:03.8	+3:17.2
98	139	Rau Achim	GER	SCC Events	M	M50	7:04.1	+3:17.5
99	26	Haus Peggy	GER	LG Mauerweg Berlin e.V.	W	W40	7:05.0	+3:18.4
100	88	Henke Tina	GER		W	W40	7:05.5	+3:18.9
101	91	Seibert Anica	GER		W	W30	7:07.9	+3:21.3
102	90	Wutschick Andy	GER		M	M30	7:09.9	+3:23.3
103	131	Hinzer Wolfgang	GER	WITT	M	M50	7:11.4	+3:24.8
104	72	Feuerbaum Ralf	GER	WFF	M	M60	7:12.7	+3:26.1
105	89	Laaser Michelle	GER		W	W30	7:16.4	+3:29.8
106	195	Wittig Johanna	GER		W	W30	7:17.3	+3:30.7
107	76	Breuer Steffen	GER	Team LDS	M	M40	7:18.7	+3:32.1
108	70	Buckow Melanie	GER	von Kiedrowski	W	W40	7:20.3	+3:33.7
109	92	Müller Bob	GER	Team Earnyourbacon	M	M40	7:22.2	+3:35.6
=110	150	Jentsch Cindy	GER	#trainerincindy	W	W40	7:22.3	+3:35.7
=110	116	Dittrich Oliver	GER	Team Muscle ache	M	M30	7:22.3	+3:35.7
112	4	Jagnytsch Maggie	GER	Berliner Feuerwehr - JF 6301	W	YOUTH	7:24.0	+3:37.4
113	118	Freitag Carla	GER	Outdoor Fitness Wismar	W	W50	7:24.9	+3:38.3
114	189	Danrau Annette	GER		W	W50	7:27.2	+3:40.6
115	107	Passek Svenja	GER	TFA Team Lübben	W	OKW	7:28.0	+3:41.4
116	157	Huber Helmut	GER	LC RON-HILL	M	M70	7:35.8	+3:49.2
117	164	Megert Kevin	GER	Feuerwehr der Hansestadt Stendal	M	M30	7:36.7	+3:50.1
118	158	Köpping Nils	GER	Lifestyle Baltic run Rostock	M	M60	7:39.7	+3:53.1
119	77	Huber Carmen	GER	LC RON-HILL	W	W60	7:43.2	+3:56.6
120	62	Neidler Sven	GER		M	M40	7:44.3	+3:57.7
121	130	Hinzer Thamina	GER	WITT	W	OKW	7:46.6	+4:00.0
122	117	Großer Fantine	GER	Team Muscle ache	W	W30	7:48.9	+4:02.3
123	110	Nofz Thomas	GER	Polizei Berlin	M	M60	7:51.4	+4:04.8
124	129	Marx Sandra	GER	Outdoor Fitness Wismar	W	W30	7:52.0	+4:05.4
125	161	Paul Saskia	GER	Lifestyle Baltic run Rostock	W	W50	7:53.1	+4:06.5
126	29	Jäger Winfried	GER	LC RON-HILL	M	M60	7:59.1	+4:12.5
127	167	Lechel Hermann	GER	SCC - SEEWOLFFJÄGER	M	M60	8:00.3	+4:13.7
128	180	Rabluck Monic	GER	EARNYOURBACON	W	W30	8:03.3	+4:16.7
129	28	Beyer Konrad	GER	TuS Neukölln Berlin	M	M80	8:03.5	+4:16.9
130	170	Knoll Anja	GER	Vikings SH	W	W40	8:08.8	+4:22.2
131	12	Marx Lena	GER	Outdoor Fitness Wismar	W	YOUTH	8:11.1	+4:24.5

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132	173	Baer Steve	GER	SV Friedrichsthal	M	M30	8:13.5	+4:26.9
133	156	Korbella Gina	GER	SCC Berlin	W	OKW	8:17.8	+4:31.2
134	153	Eberhard Helga	GER	Team Grafschaft	W	W50	8:19.1	+4:32.5
135	85	Marienthal Romy	GER	Aufwärts immer abwärts nimmer	W	W50	8:20.4	+4:33.8
136	80	Beyer Volker	GER	TSV Timbuku Süd	M	M40	8:21.9	+4:35.3
137	41	Bitter Stefan	GER	Towerrunning Germany	M	M60	8:23.3	+4:36.7
138	22	Gordon Victoria-Marie	GER	Team Erdinger Active	W	W30	8:24.8	+4:38.2
139	165	Lorenz Sarah Lee	GER		W	OKW	8:27.2	+4:40.6
140	98	Lode Hans Martin	GER	RW Lauchhammer	M	M30	8:28.7	+4:42.1
141	17	Schmidt Melanie	GER	Run for Oscar	W	W40	8:34.2	+4:47.6
142	84	Dibbern Melanie	GER	Vegan-Laufen gegen Leiden	W	W30	8:42.4	+4:55.8
143	197	Holzmüller Gaby	GER	Vegan-Laufen gegen Leiden	W	W40	8:48.4	+5:01.8
144	64	Haas Viktoria	GER	Kindergarten	W	W40	8:50.5	+5:03.9
145	114	Mohr Delaney	GER	Team Muscle ache	W	OKW	8:57.7	+5:11.1
146	97	Bothe Rene	GER	RW Lauchhammer	M	M50	9:00.4	+5:13.8
147	145	Kretzschmar Nicole	GER		W	W40	9:08.7	+5:22.1
148	34	Rackwitz Leandra	GER	Team Earnyourbacon	W	W30	9:11.2	+5:24.6
149	109	Müller Charleen	GER		W	W30	9:16.8	+5:30.2
150	18	Bretschneider Torsten	GER	Feuerwehr Berkenbrück	M	M30	9:37.6	+5:51.0
151	151	Hohmann Madeleine	GER	Team Waschbär	W	W40	9:41.0	+5:54.4
152	181	Schweinberger Guido	GER	Drachenreiter 1	M	M40	9:53.4	+6:06.8
153	162	Gütschow Aenne	GER	Lifestyle Baltic run Rostock	W	W30	9:56.1	+6:09.5
154	61	Jahnke Jens	GER	Berliner Feuerwehr - FF Hellersdorf	M	M30	10:27.0	+6:40.4
155	196	Witt-Hannemann Ina	GER		W	W50	10:52.1	+7:05.5
156	63	Neidler Diana	GER		W	W40	11:58.3	+8:11.7
157	33	Bader Erhard	GER	LC RON-HILL	M	M90	12:57.1	+9:10.5
158	94	Dercho Jessica	GER		W	W30	15:41.0	+11:54.4
	168	Esirtgen Emre	GER	SCC Berlin	M	OKM	DNF	